

# ECHO for Supporting and Inspiring Parents

The ECHO Institute in partnership with the New Mexico Public Education Department and New Mexico PBS will be presenting two no cost online parent learning sessions available to all parents in New Mexico. Come and have your questions answered by distinguished educators in New Mexico, learn about free resources from New Mexico PBS, and discover strategies for supporting your students during online and hybrid learning.

*Interpretation from English to Spanish will be available!*



You can register here: <https://cutt.ly/pjL0ygl>

If you have questions email us at [educationecho@salud.unm.edu](mailto:educationecho@salud.unm.edu)

EdECHO website: <https://cutt.ly/7jL6WRH>

Monday, February 8<sup>th</sup> at 6 pm

Do they hear you? Tips for talking to your kids. Leslie Kelly & Joe Dan Lovato

Strategies for learning from home: the power of routines. Erin Armijo

Monday, February 22<sup>nd</sup> at 6 pm

Balancing Technology and Tasks Day to Day:

Janea Menicucci and Christina Nunez

The struggle is real: coping strategies for stressful times: Joe Dan Lovato